

High School Physical Education Syllabus

It is **New Jersey State Law** that every student must earn a passing grade in PE/Health all four years of high school in order to graduate. The Clearview High School Physical Education Department offers a wide variety of coeducational activities from grade nine through grade twelve which may include, but is not limited to:

Soccer, speedball, tennis, flag football, golf, hockey, lacrosse, basketball, volleyball, badminton, pillo polo, handball, aerobics, softball, track and field, training circuits, dance, and a wide variety of lifetime recreational and physical fitness activities.

Grading

Each student receives a numerical grade of 100-93 (A), 92-85 (B), 84-76 (C), 75-70 (D), or 69 and below (F). Each marking period grade is based on two areas: **1. (85%) - preparation, participation, & effort** **2. (15%) - written assessments.** *The final physical education grade is an average of the grades earned in the **three** marking periods of physical education **and one** marking period of Health, each marking period accounting for 25% of the final grade.* A student will not earn credit if the yearly average is **below 70**. Each student receives 100 points at the beginning of each marking period and points are deducted for the following:

Unprepared For Class

Refers to having no gym attire or improper attire (clothing which is unsafe, worn to school, or otherwise unacceptable). Sneakers must be **athletic sneakers that tie (sandals, toms, boat shoes, boots, soft soles, hiking shoes, cleats, or colored soles that mark the gym floor are not allowed)**. **Students will be graded as follows:**

- Unprepared for class – (-5) Points
- Missing part of the required uniform – (-2) Points
- Prepared, but no participation or having behavioral issues – (-3) Points (teacher discretion)
- Late to squads without a pass – (-1) Point (teacher discretion)
- Possessing personal items such as cell phones, iPods, textbooks, etc. (teacher discretion)

**** All grading is based on how much effort the student displays, not their skill level. ****

Attire

Students must wear the **approved Clearview Physical Education uniform** consisting of green shorts or sweatpants and a gold T-shirt or sweatshirt. **All clothing must meet the school dress code requirement (Leggings/tights, and yoga pants may NOT be worn as bottoms)**. Uniforms may be purchased through the school store or local vendors. Students must have uniforms by the **second week** of school. After that time, deduction of points will begin. Full credit for preparation is given to students who dress in the approved uniform. Students who are dressed in safe, acceptable attire which was not worn to school may still participate with a deduction of 2 preparation points each time the attire is incomplete (top and/or bottom). **A student without proper sneakers is unprepared and excluded from participation in physical class activities.** Gum, jewelry, and metal/plastic hair aids are not recommended during gym class for safety reasons. Students wearing jewelry may be asked to remove it if the teacher feels it is unsafe for the wearer or other students during that particular activity.

No Participation

This refers to a student who dresses for an activity, but refuses to participate to the expected standard. This results in a loss of 3 points each time (it is the teacher's discretion whether the student will lose all 5 points for the day). It is expected that students participate in a safe manner, which enhances a positive learning environment.

**** If a student is acting inappropriately during his/her activity, the teacher may use their discretion as to whether or not the student should be removed from that particular activity. ****

Late Passes to Class

If a student arrives late to class with a pass they must have their proper gym uniform with them. If they are unable to get changed due to being late and the locker room already being locked, they must show their teacher that they have their gym uniform. If the student does not have their uniform it will be considered an unprepared and they will lose 5 points. A student may come late to class a maximum of three times with a pass per marking period without incurring any point deductions. After 3 latenesses, the student will be marked unprepared.

A student will not be excused from physical education class to go to another class, library, computer lab, etc.

Medical Excuses

Students attending school are expected to dress and participate in physical education classes. To be medically excused from class, a student must have a doctor's note, or for athletes, a trainer's note. The note is to be taken to the nurse **prior to physical education class**. The nurse will inform the physical education teacher and give the student a pass to study hall for the length of the excuse. The student will then report to study hall and is **responsible for returning to class as soon as the excuse is over**. If an extension is ordered by the physician or trainer, the student must take the written extension excuse to the nurse by the day the excuse is over and receive another pass to study hall. The nurse will inform the teacher of the extension. For medical excuses longer than two weeks, the student is responsible for getting a medical assignment from their PE teacher. The student will be assigned one health or sports related academic learning packet to be completed for each additional week they will be excused from PE. The packets must be completely finished to receive credit. **Failure to complete a packet will result in a 5 point deduction** from the student's marking period grade. For example: A student needs to be medically excused from PE for three weeks, he/she will be required to complete one packet. Failure to complete the packet will result in a loss of 5 points. A four week excuse will require two packets, 10 points, and so on.

Absences

Excessive absenteeism from class will result in a review of the grade by the administration and PE instructor.

Safety

Safety and proper behavior are stressed at all times. All class injuries must be reported to the instructor immediately. All valuables should be locked up during the physical education class period – each student should have his/her own **combination lock** (NO KEYS). Personal locks cannot be left on locker room lockers longer than the student's gym period. Clothes should be washed at least once a week. **Due of locker room air circulation, no aerosols are permitted in that area.** Pump bottles for hair spray or deodorant are permitted in the locker room bathrooms ONLY.

We hope our students will understand the importance of lifetime fitness and experience the pleasure and satisfaction that come with accomplishing this goal. If you have any questions or concerns during the school year, please contact the instructor.

Signature of **Student**: _____ Date: _____

Print Name: _____

Signature of **Parent**: _____ Date: _____

Print Name: _____